

SUPPORT FOR CARERS LEICESTERSHIRE

Do you look after someone who has an illness, disability or is elderly?

If you're a partner, husband, wife, friend, parent or neighbour you could receive FREE help and support!

We support adult carers aged 18 and over in Leicestershire. The service is free and confidential. We provide a wide range of support and information including:

- **A dedicated advice line call 0845 689 9510, open Monday to Thursday 9am to 5pm and Friday 9am to 4.30pm, to talk in confidence**
- **A Telephone Befriending Service specifically for carers**
- **Plus, meet and talk to carers at local groups, and other groups throughout Leicestershire, via online forums**

Visit our website full of useful information and news on a range of subjects including financial support for carers, local events and activities.

www.supportforcарers.org

Call 0845 689 9510 (Calls charged at local rates) **Email maureen@supportforcарers.org**